



PROGRAM GUIDE

Intermediate Optimist/Light Green and Novice Fleets

The **Novice Fleet** provides an introduction to sailing and is intended for kids who have very limited to no experience in the Optimist dinghy or other small sailboats. Sailing and racing skills are practiced through games on and off the water and participants who start in the Novice Opti Fleet can graduate to the Light Green Optimist Fleet by mastering Coach defined skill requirements. Classes are held in one-person, 8' Optimist dinghies called SailCubes. Sailors will learn basic sailing and seamanship skills with an emphasis on safety and having fun on the water.

The **Intermediate Optimist/Light Green Fleet** is designed to help Sailors transition from the Optimist Novice Fleet to the Optimist GREEN fleet. It builds upon the fundamental skill-sets developed in the Optimist Novice Fleet and introduces sailors to racing. Classes are held in one-person, 8' Optimist Sail Cubes and fiberglass Optimists. This class is the most recent addition to our program and has been very popular. It is a good combination of fun cruising and racing. It allows sailors to improve at their own level as they become comfortable and confident with themselves in the sport.

Commitment

Intermediate Optimist/Light Green and Novice Fleet members are expected to attend all weekly practices.

Optimist sailors can petition to join the Optimist GREEN Fleet once there have been performance criteria met. Advancement to the Optimist GREEN Fleet follows sailing in the Light Green Fleet and the decision to advance to the Optimist GREEN Fleet will be made by the coaching staff.

All SBYSF Sailors and parents will be required to sign a Code of Conduct and return it prior to the beginning of the Semester. If we do not have these forms signed and on file, your sailor will not be allowed to participate

Tuition/Structure

The cost per Semester(Spring and Fall) is: **\$375 per Semester**. Tuition is not refundable. Tuition and registration is utilized to plan for the Semester and we can not adjust the program once Tuition is paid.

We will aim for low coach to sailor ratios to provide ample support on and off the water. Sailors will have coaching support.

Included with Tuition

- **Optimist or SailCube Charter**
- **Coaching @ 1 weekly practice session**

SBYSF provides the following:

- **Coach boats and fuel**

Extra Clinics:

Additionally, special event clinics may be organized. These clinics will be additional to practice and will cost ~\$50/day for locally run, SBYSF coached events.

Please contact Nick Kaschak, SBYSF Program Director, at either sbysf.director@gmail.com or 805-965-4603 with your questions regarding this program.

Helpful Links

USODA; United States Optimist Dinghy Association, the governing body of Optimist racing in the United States; www.usoda.org

SCYYRA; Southern California Youth Yacht Racing Association, the organizing authority for Southern California youth sailing; www.scyyra.org