



PROGRAM GUIDE

Optimist GREEN Fleet

The SBYSF Optimist GREEN Fleet is a beginner level Optimist racing program, designed to build on the basic sailing and rudimentary racing skills learned in the Intermediate(Light Green)/Novice Fleets. Younger sailors who have shown advancement in boat handling, seamanship, and general sailing knowledge are eligible to participate in the GREEN Fleet using personally owned or SBYSF Optimists. The focus of the GREEN Fleet curriculum is to improve sailors' boat handling skills and rules knowledge. GREEN Fleet sailors learn more about small boat racing, including tactics and racecourse set-up. Sportsmanship is emphasized in all activities. The GREEN Fleet builds a strong foundation of sailing skills and it also creates personal connections and relationships with other young sailors. One of the best things about GREEN Fleet is that coaches are allowed to “actively” coach the sailors while they are racing. The details of the covered events, fees and other costs are below.

Commitment

GREEN Fleet members are expected to attend all weekly practices and participation in the SCYYRA regattas(listed below) is necessary to the process of transitioning to the CHAMP Fleet. Sailors are encouraged to own an Optimist dinghy and the corresponding equipment, although, some Optimists are available for use through SBYSF for sailors who require one.

Optimist sailors can petition to join the SBYSF Race Team and race in the CHAMP Fleet at Optimist regattas once there have been performance criteria met and the Sailor has been placing at the top of the Green fleet races. Advancement to the CHAMP Fleet follows sailing in the GREEN Fleet and the decision to advance to the CHAMP Fleet will be made by the coaching staff.

All SBYSF Sailors and parents will be required to sign a Code of Conduct and return it prior to the beginning of the Semester. If we do not have these forms signed and on file, your sailor will not be allowed to participate

Tuition/Structure

The cost per Semester(Spring and Fall) is: **\$375 per Semester for 1 day/week class and \$425 per semester for 2 day/week class** . Tuition is not refundable. Tuition and registration is utilized to plan for the Semester and we can not adjust the program once Tuition is paid.

We will aim for low coach to sailor ratios to provide ample support on and off the water. However, a minimum of 3 GREEN Fleet sailors are needed to attend and participate in a regatta for SBYSF to send a separate coach for the GREEN Fleet. If less than 3 attend, the SBYSF Program Director will make arrangements for coaching from another program so the SBYSF sailors will have coaching support.

Included with Tuition

- **SBYSF Optimist Use**
- **Coaching @ 1 or 2-day weekly practice session**
- **Coaching @ SCYYRA Carrie Series**
 - Carrie #1/VYC
 - Carrie #2/SBYC
 - Carrie #3/CBYC
 - Carrie #4/DRYC
 - Carrie #5/KHYC
 - Carrie #6/CalYC

SBYSF provides the following at these events:

- Coach boats
- Trailers
- Lodging for coaches at travel events
- Travel reimbursement for coaches

Extra Clinics:

Additionally, special event clinics may be organized. These clinics will be additional to practice and will cost ~\$50/day for locally run, SBYSF coached events.

Please contact Nick Kaschak, SBYSF Program Director, at either sbysf.director@gmail.com or 805-965-4603 with your questions regarding this program.

Helpful Links

USODA; United States Optimist Dinghy Association, the governing body of Optimist racing in the United States; www.usoda.org

SCYYRA; Southern California Youth Yacht Racing Association, the organizing authority for Southern California youth sailing; www.scyyra.org